Celebrate Cervical Cancer Awareness Month with the American Indian Cancer Foundation

MINNEAPOLIS - The American Indian Cancer Foundation (AICAF) is celebrating Cervical Cancer Awareness Month this January. Nationally, American Indian and Alaska Native women are 1.5 times as likely to develop cervical cancer and 2 times more likely to die from the disease compared to white women. Northern Plains American Indian women are seeing alarming rates; they are nearly 2 times as likely to develop cervical cancer and 4 times more likely to die from it when compared to white women. No woman has to suffer from cervical cancer, as cervical cancer can be caught early from regular screening.

AICAF urges everyone to take part in Cervical Cancer Awareness Month in the following ways:

**Get screened.**
Talk to your health care provider to schedule your next Pap test and to learn more about cervical cancer screenings and routine care.

**Get the HPV vaccine.**
Boys and girls ages 9-26 can prevent HPV-related cancers by getting the HPV vaccine. Learn more about the HPV vaccine at [AmericanIndianCancer.org/hpv](http://AmericanIndianCancer.org/hpv).

**Wear turquoise.**
Wear turquoise clothing and jewelry on Tuesday, January 23 to raise awareness for cervical cancer. Encourage the women in your life to schedule their cervical cancer screening appointment. Learn more at [AmericanIndianCancer.org/turquoise](http://AmericanIndianCancer.org/turquoise).

**Learn.**

**Share.**
Talk to the women in your life about cervical cancer; let them know that regular Pap testing is the best way to prevent cervical cancer.

**Join our community.**
Like the American Indian Cancer Foundation on Facebook, follow us on Instagram and Twitter, and sign up for our newsletter.

**Donate.**
Any amount helps the American Indian Cancer Foundation continue to raise cervical cancer awareness, increase early detection and build a network for American Indians and Alaska Natives.

**About the American Indian Cancer Foundation:**
AICAF is a 501(c)3 non-profit organization that was established to address the tremendous cancer inequities faced by American Indian and Alaska Native communities. Learn more at [AmericanIndianCancer.org](http://AmericanIndianCancer.org).