AICAF HEALTH POLICY ON FUNDING, PROMOTIONS, AND CONSUMPTION OF POSITIVE CANCER PREVENTION VALUES AND POLICIES IN THE FOLLOWING AREAS: HEALTHY EATING, PHYSICAL ACTIVITY, TOBACCO AND ALCOHOL.

AICAF Mission Statement:
We will eliminate cancer burdens on American Indian families through education, improved access to prevention, early detection, treatment and survivor support.

Statement of Values Regarding Cancer Prevention and the Leading Risk Factors: AICAF recognizes the primary causes of cancer for American Indian communities are attributed to leading preventable risk factors: 1) commercial tobacco use and the exposure to the smoke; 2) obesity; the result of diets that are high in empty calories and low in fruits and vegetables, combined with low levels of physical activity; and 3) excessive use of alcohol.

AICAF recognizes that many products are marketed to American Indian communities in predatory ways that have led to higher rates of use and abuse of products that significantly contribute to cancer and many of the health inequities faced in American Indian communities.

In recognition of these issues and with the desire to model positive cancer prevention within American Indian communities, AICAF has developed the following organization policies, which are intended to 1) affirm the high value we place on the lives and health of Native people; 2) ensure that AICAF is independent from outside influences in the pursuit of our mission; and 3) avoid potential or perceived conflicts of interest.

FUNDING POLICY

Conflict of Interest Regarding Corporate Funding
1. AICAF will not accept direct funds from the tobacco or alcohol industries, their subsidiaries or their affiliate companies.
2. AICAF will not sponsor, co-sponsor, or be a beneficiary of any event with primary sponsorship from tobacco or alcohol industries, subsidiaries or affiliate companies.
3. AICAF will not accept direct funds raised from the sale of alcohol or tobacco.

PROMOTIONS AND CONSUMPTION POLICY

Modeling AICAF Cancer Prevention Values:
AICAF sponsored events and communications will not include the promotion, distribution or display of signs, banners, programs, activities or apparel bearing the name or logo of a product that manufactures, sells or promotes: commercial tobacco, food products devoid of nutritional value, or alcohol products.

(Continued on next page)
1. **TOBACCO:**
AICAF promotes the use of non-commercial tobacco for spiritual and ceremonial use. In doing so AICAF will do the following:
   a. AICAF offices are smoke-free, meaning that no person may smoke commercial tobacco or other substances indoors (or any entryway that is within AICAF authority). This policy shall not be construed to prohibit the approved burning of non-commercial tobacco for ceremonial purposes.
   b. AICAF sponsored events and activities will be held in spaces that are free of commercial tobacco smoke when possible.

2. **HEALTHY FOOD OPTIONS:**
AICAF supports healthy eating at the workplace and at AICAF-sponsored community events. In doing so, AICAF will do the following:
   a. Choose indigenous and local (when available) food producers, suppliers, vendors, and products as a first choice when purchasing or serving food.
   b. Choose healthier choices over less-healthy choices, and for instance, when contracting with food vendors, AICAF will require suppliers to provide nutritional options such as fruits and vegetables, whole grain products, low-fat dairy products, lean meats, fish, and foods low in salt, sugar, and saturated fats.
   c. Follow the recommended portion sizes, according to current nutritional guidelines.
   d. Avoid providing sugar-sweetened beverages (including sodas, sports drinks, and milks, along with any juices that are not 100% juice) at community events.
   e. Deny employee reimbursement for the purchase of sugar-sweetened beverages.

3. **PHYSICAL ACTIVITY:**
AICAF supports physical activity at the workplace through promoting employee use of stairwells, walk breaks and walking meetings. In doing so, AICAF will do the following:
   a. AICAF sponsored events and meetings lasting more than one-hour will include the opportunity to participate in physical activity intended to avoid extended periods of sedentary time for participants. In addition, when organizing events and meetings, AICAF will encourage stairwell use and walking between venues.
   b. AICAF will prioritize the use of venues for AICAF sponsored events and activities that support opportunities for participants to arrive by public transportation and/or active modes of transportation.
   c. AICAF’s employee health insurance plan provides an incentive of $20/month credit for gym membership for acquiring the minimum number of visits/month (i.e. 12).

4. **ALCOHOL:**
AICAF will not purchase alcohol for distribution at events or activities. In doing so, AICAF will do the following:
   a. AICAF will not sponsor or promote events that are advertised or planned with drinking as the focus (e.g. cocktail parties, happy hours).
   b. AICAF employees may not use or possess alcohol or unlawful drugs or have detectable levels of alcohol or unlawful drugs during working hours.
   c. Deny employee reimbursement for the purchase of alcoholic beverages.
   d. The AICAF Board reserves the right to determine if the sale of alcohol at an AICAF hosted event is appropriate. If it is approved, a licensed vendor will be hired to handle all alcohol sales and the event will offer and display non-alcoholic beverages as prominently as the alcoholic beverages.

AICAF employees will participate in a one-hour annual educational session on all policies.

*Approved by the AICAF Board of Directors on May 17, 2013 with updates approved January 20, 2016.*